

# Menu for February 2020



	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>3-Feb</b>	<b>4-Feb</b>	<b>5-Feb</b>	<b>6-Feb</b>	<b>7-Feb</b>
Morning Snack	Fruit & grain bar w/milk	Cheerios w/milk	Peaches & gogurt w/milk	Bagel w/cream cheese w/milk	Rice krispies w/milk
Lunch	Turekey & cheese roll up, wheat roll & peaches w/milk	Tacos, corn & tortilla chips w/milk	Ham & cheese sandwich, crackers, sliced apples w/milk	Beef & cheesy casserole, Peas & pears	Chicken Nuggets, Green Beans, applesauce w/milk
PM Snack	Vegi straws w/milk	Wheat thins w/milk	Ritz crackers	Fig newtons w/milk	Nilla wafers with gogurt
	<b>10-Feb</b>	<b>11-Feb</b>	<b>12-Feb</b>	<b>13-Feb</b>	<b>14-Feb</b>
Morning Snack	Graham crackers w/milk	-Bagel w/ milk	-Fruit and grain bar w/ milk	-Graham crackers w/ milk	Valentines muffin and milk
Lunch	-Personal cheese pizza w/ pears & salad* (peas for infants/tods) w/ milk	Spaghetti in tomatoe sauce, garlic bread, salad* (peas infants/tods) w/milk	Ham sandwich, green beans, pears w/milk	French toast sticks w/no sugar added syrup, bacon, applesauce w/milk	Cheese quesadilla, corn, peaches w/milk
PM Snack	Oatmeal cookies w/milk	Pretzels w/milk	Goldfish crackers w/milk	String cheese & Ritz crackers	Valentines snack mix, milk
	<b>17-Feb</b>	<b>18-Feb</b>	<b>19-Feb</b>	<b>20-Feb</b>	<b>21-Feb</b>
Morning Snack	-Fruit and grain bar w/ milk	-Cheerios w/ milk	Oatmeal cookies w/milk	Bagel w/cream cheese w/milk	Graham crackers w/milk
Lunch	-Fish sticks, steamed carrots & applesauce w/ milk	-Meatballs w/ gravy, green beans & pears w/ milk	-Pancakes w/ no sugar added syrup, peaches & yogurt w/ milk	Chicken patty on a bun, peas & sliced apples w/milk	Hamburger on a bun, tater tots & applesauce w/milk
PM Snack	-Ritz crackers and string cheese	Wheat thins w/milk	Graham crackers & gogurt w/milk	Orange wedges w/milk	Cheezit crackers w/milk
	<b>24-Feb</b>	<b>25-Feb</b>	<b>26-Feb</b>	<b>27-Feb</b>	<b>28-Feb</b>
Morning Snack	Cheerios w/milk	Muffin w/milk	Graham crackers & gogurt w/milk	Bagel w/cream cheese w/milk	Fruit & grain bar w/milk
Lunch	Salisbury steak, peas & pears w/milk	Macaroni & cheese, broccoli, wheat roll w/milk	Mini corndogs, green beans & peaches w/milk	Grilled cheese sandwich, corn & pears w/milk	Chicken nuggets, peas & applesauce w/milk
PM Snack	Graham crackers w/milk	Crackers & string cheese w/milk	Pretzels w/milk	Oatmeal cookies w/milk	Cheezit crackers w/milk

